



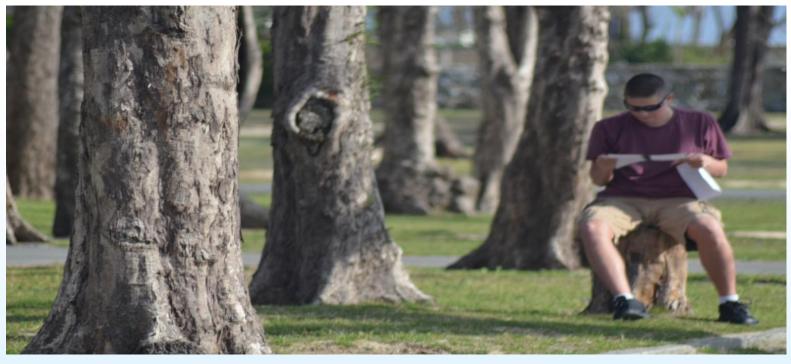
Japanese/American Bi-Cultural Workshop

There was once a man that had a wife who loved him so much! She sensed that they were beginning to drift apart and so she decided to reach out to her husband and find a way to bridge the gap between them. So, she approached her husband and explained her concerns and said that as a result of these concerns she has decided to do something with him that he truly enjoys so they can spend more time together. So she announced that she would go on the

next hunting trip with her husband! Now her husband was understanding and decided to give it a try. So he took her to the gun range and taught her how to shoot. He explained about how to hunt for dear and how to fan out in deeply wooded areas. The day came for their big trip and was she excited! He was a little nervous not quite knowing what to expect. As they got to their location they and got everything set and they took off together early the next morning.

They both separated and began to quietly fan out. After about 30 minutes he hears BANG!, BANG! BANG! Immediately this husband was concerned for his wife and began to run towards the direction of the gun fire. He heard arguing and his wife's voice and stopped to listen. This is what he heard. OK LADY! YOU CAN HAVE YOUR DEER BUT LET ME GET MY SADDLE OFF OF IT FIRST!

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A Student's Perspective

Over President's Day weekend this last February, the Chapel's youth group (Impact) took 21 kids and four adults to the Okuma Resort for our retreat led by student leaders. Alongside seven others, I had the privilege to be a part of the student leader team this year. We were given the responsibility to organize games, plan meals and schedules, and teach God's Word, all with the help of our adult leaders.

In the past year, I have been on four retreats with Impact and this one was by far the most relaxing! We kept a very laid-back schedule, with plenty of free time and flexibility. Some of our activities included water sports, beach time, biking, board games, and of course, napping in our cabins. We played golf, bought lots of junk food, and some of the more responsible kids even did homework! The weekend was full of fun, wonderful weather, and friendships.

Our parents didn't just pay for us to have a good time, though - we all came away with something a bit more than sore muscles and great memories! Six of the eight student leaders (myself included) taught at this retreat in three pairs. We spoke on three topics forgiveness, temptation, and pride. Although we didn't plan a specific theme for our talks, God worked all of our lessons together to bring a single focus to our retreat - community. Even though we did not have a large group, God used our small numbers to bring a sense of

closeness. Through this, many of us were able to open up during discussions to talk about personal struggles and pains. We learned how important it is to share our struggles, joys, and lives with others. We learned to trust each other, and we learned the importance of accountability partners. With God's help, we were all able to build stronger relationships, not only with each other, but also with our greatest Friend of all - Jesus Christ.

> Story by: Samantha Reid 11th Grade Student

Charles the Chaplain Assistant Article Post...

Characteristics of Proactive People

Proactive people are always looking ahead at future activities, projects and events and anticipating needs, problems and possible outcomes. Here are five weapons they use to tackle almost any situation.

- 1. **Planners**. Proactive people use planners as they are supposed to use them – to record future events and scheduled activities. By being able to view the future. they are able to anticipate possible problems and act before they can occur. Just looking at an event such as a meeting, in writing, sets your mind thinking about things you will need for that meeting.
- 2. Checklists. Proactive people make up checklists for all repetitive events or activities, such as meetings, travel, conferences, sales calls, workshops and interviews. These checklists are updated after every event. If

- anything was missed, it is added to the list so that it won't be forgotten the next time.
- 3. Goals. Proactive people hold planning sessions with themselves and set specific goals for the future. They not only put them in writing, along with deadline dates, they schedule time in their planners to actually work on them. By doing this, they are helping to create their own future as opposed to reacting to unplanned events.
- 4. Long-range planning. Proactive people recognize that it's never too early to plan and that planning too late causes crises and time problems. If the Titanic had started turning sooner, it never would have hit the iceberg. Small adjustments made earlier avoid large adjustments having to be made at the last minute.
- 5. Attitude. The most important weapons that proactive people use, is their attitude or state of mind. In fact, it could be called a way of life. Proactive people

wouldn't think of making a telephone call without first jotting down the items for discussion or going to the supermarket without first making a list of the items they need. They don't resent looking at a map before taking a trip or reading the instructions before assembling a swing set.

Proactive means to act beforehand. Taking action in the present will influence things in the future, perhaps even the future itself. So practice those habits exhibited by proactive people. Think ahead. Set goals. Schedule time for activities. Plan daily. Use checklists. Review results. And continually make adjustments to improve future outcomes. There is power in being proactive.

> http://www.gettingorganizedmag azine.com/article/articlecharacteristics-ofproactive-people/

Article by Harold Taylor



lively day for us at the Wired Bean. With kick off scheduled to happen at 0800, the cooking began at 0700 with pancakes, bacon, eggs, chorizo and more. We had fans from both sides circling the screen throughout the day to cheer on their team.

continued with a battle for

ball toss donated by outdoor rec. After the game was over the day was not, we left the jousting and toss up for the remainder of the day and added bratwursts and nachos to the mix. Everyone

enjoyed

the activities and the

added to the fun.

Story by: Melissa Rafferty Wired Bean Activities **Coordinator**



Deep Sea Fishing BTG Study 6 pm BTG Study 6 pm **USO Breakfast** BTG Study 6 pm BTG Study 6 pm Bean Patch Bean Patch 24 Beach Party BTG Study 6 pm 31 Easter 7 Bean Patch 9:45 am 12 Noon Meeting 1700 St. Patrick Volunteer Bean Patch 9:45 am 9:45 am & Big Slide Junday Sunrise 9:45 am 00 anything @ 6 pm Ask PME experts Sunday 1200 to 2200 Saturday 1200 to 0300 (Plus Holiday Hours) Mentoring Friday 1700 to 0300 Mon/Thu 1700 to 2200 & Movie 1900 17_{Dorm # 138} Meals & **Burger Burn** Open to All Nepnoli Open Starts @ 6 pm Starts @ 6 pm Cookie Night Fresh Baked Fresh Baked Starts @ 6 pm Fresh Baked Cookie Night Starts @ 6 pm Cookie Night Cookie Night Fresh Baked XTREME XTREME XTREME tinyurl.com/beanvolunteer XTREME 7 PM 7 PM 7 PM 7 PM Volunteer at Talking to Myself" 20 "Wired Bean Board Games and Board Games and **Board Games and** more from 5 to 7 27 "Wired Bean Unplugged" more from 5 to 7 more from 5 to 7 Meet & Greet USO / Schillings 73 "Wired Bean Unplugged" James Arnold Шедпелдац Taylor at 1900 Tour 1700 Unplugged' 2 Ohana Night Ohana Night Lessons 1900 Free Japanese Free Japanese Lessons 1900 (A free meal) (A free meal) 28 Ohana Night Free Japanese Free Japanese 740hana Night Lessons 1900 Lessons 1900 (A free meal (A free meal @ 6pm @ 6pm Thursday @ 6pm @ 6pm Wired Bean E4 & Below Center (located at the back of lemon lot / building 612 22 00 Volunteer Rug 1500 to 2100 Event Wired Theater 8 pm 1800 but RSVP & Girls Night Out Guys Grill n Chil Volleyball Court the Wired Bean The Passion of Jesus Christ Open Mic Night 30 On Base Digging of 1000 to 1500 **16 Paintball** 1000 to 1500 Paintball Party 1800 Service Project Party

Protestant Worship Schedule

- Traditional Service—0930 Chapel 2 Contemporary Service—1015 Chapel 1 Gospel Service—1030 Chapel 3

- <u>Catholic Worship Schedule</u> Sunday Mass—0830, 1200, 1600 Chapel 1 Daily Mass (Mon-Fri)—1130 Chapel 1
- Reconciliation—Sunday 1515-1545 Chapel 1 or by E-mail: 18wg.hc@us.af.mil appt.

Islamic Worship Service

Friday—1345 Camp Foster Chapel

Orthodox Christian Worship Schedule - Sunday—0930 Camp Foster Chapel

Wiccan/Pagan

Saturday—1500 Building 856

Jewish Worship Service

Friday-1830 Camp Foster Chapel

Wired Bean (Airman Ministry Center)

- Monday-Thursday—1700-2200 Building 612 Friday—1700-0300 Building 612 Saturday—1200-0300 Building 612 Sunday—1200-2200 Building 612

Latter Day Saints

- Sundays—0900 and 1300 (Call 634-1288 for location)

Even in American marriages there are some things that don't translate well between husbands and wives! However, when you are talking about bi-cultural marriages, those differences are magnified one thousand times. There is an assumption that so long as gaged, or thinking of maryou LOVE each other everything will be fine. However in marriage it is understanding how to love and be loved that affects the outcome of your marriage. In bi-cultural marriages there are vast

differences in how the husband and wife relate to each other, how the parents relate to the children, how the finances are done, and yes, there are differences in the understanding of sex in the marriage. These are just a few of the major issues that couples who are married, enriage need to think about. Fortunately the Airman Family Readiness Center and the Chapel are teaming up to try and help strengthen these bicultural marriages. Starting on the 9th of April at 1300

We're on the Web! www.facebook.com/ kadenaabchapel

Phone: 315-634-1288

Kadena Air Base Chapel Unit 5141 Box 90 APO, AP 96368



these two organizations will be teaming up to do just that. If you have a Japanese/ American bi-cultural marriage or you are engaged to be married in this type of relationship please come for a fun and interactive time to help strengthen your relationship.

Story by: Ch. Kevin Humphrey